

9.11.09

VMMS FRIDAY FLYER

2008 Old Guard Rd
Columbus, GA 31909
706-748-3203

VETERANS MEMORIAL MIDDLE SCHOOL

LUNCH MENU

MON	Cheeseburger on Bun, Potato Wedges, Fresh Fruit, Milk Choice Lite Bite Served W/ Milk: Turkey Cheese Wrap Specialty Entree W/ Milk: Hoagie Meal
	Chicken Nuggets with WW Roll, Green Peas, Pears, Milk Choice Lite Bite Served W/ Milk: Egg Salad Plate Specialty Entree W/ Milk: Pizza Wedge
TUES	Sloppy Joes on Bun, Tossed Salad, Fresh Fruit, Milk Choice Lite Bite Served W/ Milk: Chef Salad w/ Ham Specialty Entree W/ Milk: Hoagie Meal
	Baked or Fried Chicken w/Cornbread, Rice & Gravy, Seasoned Beans, Spiced Peaches, Milk Choice Lite Bite Served W/ Milk: Cottage Cheese & Fruit Specialty Entree W/ Milk: Pizza Wedge
WED	Sliced Ham, M&C, Roll, Green Beans, Mixed Fruit, Milk Choice & Cookie Lite Bite Served W/ Milk: Chef Salad with Chicken Patty Specialty Entree W/ Milk: Hoagie Meal
	Sliced Ham, M&C, Roll, Green Beans, Mixed Fruit, Milk Choice & Cookie Lite Bite Served W/ Milk: Chef Salad with Chicken Patty Specialty Entree W/ Milk: Hoagie Meal
THURS	Sliced Ham, M&C, Roll, Green Beans, Mixed Fruit, Milk Choice & Cookie Lite Bite Served W/ Milk: Chef Salad with Chicken Patty Specialty Entree W/ Milk: Hoagie Meal
	Sliced Ham, M&C, Roll, Green Beans, Mixed Fruit, Milk Choice & Cookie Lite Bite Served W/ Milk: Chef Salad with Chicken Patty Specialty Entree W/ Milk: Hoagie Meal
FRI	Sliced Ham, M&C, Roll, Green Beans, Mixed Fruit, Milk Choice & Cookie Lite Bite Served W/ Milk: Chef Salad with Chicken Patty Specialty Entree W/ Milk: Hoagie Meal
	Sliced Ham, M&C, Roll, Green Beans, Mixed Fruit, Milk Choice & Cookie Lite Bite Served W/ Milk: Chef Salad with Chicken Patty Specialty Entree W/ Milk: Hoagie Meal

UPCOMING EVENTS

10- DAY	World of Work (WOW) Friday Deadline to Sign Up for Velocity! 3:35 to 4:45 "Form Turn-In Day" for Football - VMMS gym. 5PM Soccer Double Churches @ VMMS 2:30 PM Peer Helper Meeting - Cafeteria.
12 SAT	3:45PM Boys Soccer Jamboree @ Kinnett Stadium VMMS vs. Midland
13 SUN	12:00 PM – 5:00 PM ANNUAL COLUMBUS INTERNATIONAL FESTIVAL! - Peachtree Mall
14 MON	Fall Book Fair – VMMS Library First Day of Football Try-Outs/Practice – Shoulder pads & helmet only 6:30PM Band Booster Meeting in the Cafeteria 6PM VMMS Athletic Booster Club General Meeting
15 TUES	Fall Book Fair – VMMS Library Football practice – Shoulder pads & helmet only
16 WED	Fall Book Fair – VMMS Library Football practice – Shoulder pads & helmet only
17 THURS	Fall Book Fair – VMMS Library HAPPY BIRTHDAY! – Betty Johnson Football practice – Shoulder pads & helmet only 5PM Soccer vs. St. Anne @ Northside HS
18 FRI	Fall Book Fair – VMMS Library Football practice – Shoulder pads & helmet only 5PM Soccer vs. Richards @ Richards 7-9PM DANCE – Sponsored by PTA

VELOCITY FOR 7TH & 8TH GRADERS!

Did you miss the application date for Velocity? GOOD NEWS! Velocity is offering another registration date. Stop by Mrs. Fox's office or go on-line to www.teenadvisors.org and register today! Deadline is September 11th.

WE NEED STUDENTS WHO LOVE READING TO JOIN THE HELEN RUFFIN READING BOWL

The Helen Ruffin Reading Bowl is taking applications for those committed students who like to read! We need 7 members to join our team. If you enjoy reading and like to compete, please see Mr. Baxter in the media center by September 11th! We get to read great books from the Georgia Book Awards reading list, we have fun and there are rewards too!

SATURDAY: 3:45PM BOYS SOCCER

JAMBOREE @ KINNETT STADIUM VMMS VS. MIDLAND

BAND NEWS

The first Band Booster Meeting will be on September 14th at 6:30 p.m. in the Cafeteria.

8TH GRADE TRIP TO SAVANNAH!

All 8th graders are invited to sign up for the third annual Savannah, GA trip on Oct. 17th; cost is \$65 per student. See Dr. Breazeale gbreazeale@mcsdga.net or Mr. Hutson rhutson@mcsdga.net for more information.

VMMS BOOK FAIR

VMMS will have a book fair in the media center from Sept. 14-18. All proceeds go to buy new books for the students.

SCHOOL DANCE!

The dance will be Friday, Sept. 18 from 7-9 in the cafeteria. Tickets will be sold for \$5 starting next week during lunch and after school. The booster club will be selling snacks and a live band will provide the entertainment.

VMMS SPORTS NEWS



FOOTBALL "FORM TURN-IN DAY"

Friday, September the 11th - "Form Turn-In Day" for Football. We will meet in the VMMS gym from 3:35 to 4:45.

FOOTBALL TRYOUTS/ PRACTICE

Monday, September the 14th - First Day of Football Try-Outs/Practice.

PHYSICAL EDUCATION NEWS

Writing topics and instructions were handed out this week. Please touch base with your student about his/her 5 paragraph essay due on September the 25th. Essays must be printed in black or blue ink, skipping a line between sentences.

**VOLLEYBALL WILL BEGIN
IN OCTOBER.**

**BASKETBALL WILL BEGIN
IN DECEMBER.**

TRACK WILL BEGIN IN MARCH.

ATTENTION PARENTS!

Career Education is very important to your student. VMMS tries to bring awareness to the different careers in the workforce through a program called World of Work (WOW) Friday's. WOW needs parent volunteers!!!! Please consider volunteering just ONE time for 1 1/2 hours during lunch and share your occupation with VMMS students. This informal (sit at a table) presentation is a great way to engage students about the work force and to get involved in your child's education. Right now I do not have enough parent volunteers to continue this career education program. Please, help us at VMMS to educate our students on careers. Contact tfox@mcsdga.net to sign up!

SCOLIOSIS SCREENING

Tuesday, October 20, 2009 VMMS will participate in the annual Scoliosis Screening. Permission forms will be distributed to students in the next few weeks. If you do not wish for your child to participate in the screening, you must complete, sign and return the bottom portion of the consent form prior to the screening date.

WORLD OF WORK (WOW) FRIDAY PARENT VOLUNTEERS NEEDED!

Parents, come share your career one Friday this year. . . We have several dates available. Please contact Mrs. Fox @ tfox@mcsdga.net to sign up!

WE NEED MILITARY ITEMS FOR DISPLAY

Veterans Memorial Middle School has dedicated a display case to military veterans. If you or someone you know has military items/memorabilia that you would be willing to loan or donate to VMMS, please reply to this email. The display case is kept locked and all items would be treated specially with care.

COUNSELING GROUPS AT VMMS

Parents, if you think your child would benefit from participating in group counseling due to the recent loss of a loved one, please email tfox@mcsdga.net, give your child's name & specify the group that you would like him/her to join.

NO OUTSIDE FOOD, ENERGY OR CARBONATED DRINKS!

No outside food (McDonald's, Burger King, Zaxby's, etc) is allowed at VMMS unless it is in a plain brown bag and plain cup. Also no cokes, energy drinks or carbonated beverages are allowed. You can find all this information in your student's blue handbook on page 20.

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ATTENTION PARENTS OF CAR-RIDERS!

Please consider allowing your child to ride the bus or come at 3:45 PM when there is little or no wait to pick up your child. Also, parking in the circle is not permitted during car-rider pick-up. If you must park, please use a parking space in the school parking lot. At 3:30 PM (when students are released), parents who have been waiting in the car line may move into the circle to begin pick-up.

ANNUAL COLUMBUS INTERNATIONAL FESTIVAL!

Sunday, September 13th from 12 pm - 5 pm at Peachtree Mall, and is free to the public. This festival will present students with a unique opportunity to learn about Columbus's different ethnic and international cultures. Website: <http://www.columbusga.org>

PTA

everychild. onevoice

The PTSA would like to thank Cheri Winterfeld and Tracy Fox for all their great help with Sara Spano.

Congratulations to Mrs. Crisp class for achieving 100% PTSA Membership! Fantastic job 8th Graders! I know you will enjoy the pizza.

We have almost 350 Members this year. Thank you to everyone who has already joined. If you have not yet, please send in \$5 to join. We need everyone. Be a piece of the pie!